

Feelings of Emotions

ANGRY

aggressive
annoyed
bitter
boiling
cross
enraged
fuming
hateful
hostile
incensed
indignant
inflamed
infuriated
insulting
irritated
offensive
provoked
resentful
sore
unpleasant
upset
worked up

DEPRESSED

a sense of loss
abominable
ashamed
bad
despicable
detestable
diminished
disappointed
discouraged
disgusting
dissatisfied
guilty
in despair
lousy
miserable
powerless
repugnant
sulky
terrible

CONFUSED

disillusioned
distrustful
doubtful
embarrassed
hesitant
indecisive
lost
misgiving
perplexed
pessimistic
shy
skeptical
stupefied
tense
unbelieving
uncertain
uneasy
unsure
upset

HELPLESS

alone
despair
distressed
dominated
empty
fatigued
forced
frustrated
hesitant
in a stew
incapable
inferior
paralyzed
pathetic
tragic
useless
vulnerable
woeful

INDIFFERENT

bored
cold
disinterested
dull
insensitive
lifeless
neutral
nonchalant
preoccupied
reserved
weary

AFRAID

alarmed
anxious
cowardly
doubtful
fearful
frightened
menaced
nervous
panic
quaking
restless
scared
shaky
suspicious
terrified
threatened
timid
wary
worried

HURT

aching
afflicted
agonized
alienated
appalled
crushed
dejected
deprived
heartbroken
humiliated
injured
offended
pained
rejected
tormented
tortured
victimized
wronged

SAD

anguish
desolate
desperate
dismayed
grief
grieved
lonely
mournful
pained
pessimistic
sorrowful
tearful
unhappy

LOVE

admiration
affectionate
attracted
close
comforted
considerate
devoted
drawn toward
loved
loving
passionate
sensitive
sympathy
tender
touched
warm

INTERESTED

absorbed
affected
concerned
curious
engrossed
fascinated
inquisitive
intrigued
nosy
snoopy

POSITIVE

anxious
bold
brave
challenged
confident
daring
determined
eager
earnest
enthusiastic
excited
hopeful
inspired
intent
keen
optimistic
re-enforced

STRONG

certain
dynamic
free
hardy
impulsive
rebellious
secure
sure
tenacious
unique

OPEN

accepting
amazed
confident
easy
free
interested
kind
receptive
reliable
satisfied
sympathetic
understanding

HAPPY

cheerful
delighted
ecstatic
elated
festive
fortunate
gay
glad
gleeful
great
important
joyous
jubilant
lucky
merry
overjoyed
satisfied
sunny
thankful

ALIVE

animated
courageous
energetic
free
frisky
impulsive
liberated
optimistic
playful
provocative
spirited
thrilled
wonderful

GOOD

at ease
blessed
bright
calm
certain
clever
comfortable
content
encouraged
free and easy
peaceful
pleased
quiet
reassured
relaxed
serene
surprised

